



**SHORT COURSE
Grand Prix Series**



***August – September
2019***

ANNOUNCEMENTS:

1. Clubs are required to provide their own First Aid Kits.
2. The pool will be opened from 0700hrs. To avoid congestion in the pool and to allow clubs quality warm-up time, lanes will be allocated according to Team size.
3. Manager's meeting: 08.00 – 08.15
4. Technical officials briefing: 08.00-08.15
5. Each Club is required to provide 5 volunteers. A list of volunteers should be submitted with Entry Form.
6. Electronic entries only will be accepted.
7. Entries for Grand Prix Series must be submitted no later than 6.00pm on;
26th July 2019 Meet One: Events 1-10
16th August 2019 Meet Two: Events 11-20
6th September 2019 Meet Three: Events 21-30
Entries received after these dates will not be accepted.
8. Entries should be submitted to fijiswimssec@gmail.com and copied to tiacheer@yahoo.com
9. Cost per event is \$5.00. Payments can be deposited into; "Amateur Association of Fiji Swimming", Westpac Banking Corp, Suva, Account # **41752500**
10. Club Managers must ensure all their swimmers hold current registration with Fiji Swimming – registration and payment or registration fee to be completed no later than 7 days prior to entries closing to allow registration number to be issued. Entries for swimmers without a valid Fiji Swimming registration number will not be accepted.
11. Psych sheets will be distributed to Clubs, 3 working days before the start of the competition for verification. No changes will be accepted but corrections can be done if the error is on our part. Amendments to the program may be necessary depending on the number of entries received for each event.

LOCAL COMPETITION RULES OF THE DAY:

1. Swimmers are not permitted to swim in place of another swimmer. To do so will result in automatic disqualification of both swimmers from the competition.
2. 4 events per swimmer per Grand Prix.
3. Events will be swum as MIXED OPEN events, with athletes seeded to ensure they swim the best possible time. It is in your swimmer's interests to submit an entry time.
4. Withdrawals will be accepted from the Team Manager at the Manager's meeting on the day of competition, as long as it is signed by the Team Manager and accompanied by a medical certificate or if due to sudden illness at the referee's discretion.
 - **Scratches / No Shows and Withdrawals** without a medical certificate on the day will incur a fee of \$15 per event. Entry fees paid will not be carried forward.
 - Once a swimmer **SCRATCHES / NO SHOWS** for an event he/she will **NOT** be allowed to swim their remaining events on the day unless their fine of \$15.00 have been paid to Fiji Swimming and a copy of receipt presented to the Recorder who will then inform the Chief Marshall.

- 6 It is recommended that ALL swimmers wear a swimming cap. Swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials (BL 8.3)
7. In the case of any disputes, FINA rules will apply.
8. Club Managers only are permitted in the control room and are to be relied upon for all communication to/from clubs.
9. Entries fees must be settled in full, by the entry deadline or club's entries will not be accepted. It is the responsibility of club managers to ensure fees are settled within the timeframe. Entries without entry times will not be accepted, the exception being first-time swimmers in a particular event. Please ensure all swimmers' details are included including DOB, entry time, Fiji Swimming registration number.
10. Swimmers are required to report to the Marshall Tent at least 3 races in advance of their event.
11. No Long Course conversions.
12. Awards will only be awarded to swimmers placed first & second at the awards night at the end of the year.
13. Age is determined as at 21st September 2019. Some swimmers will be competing up an age group in competitions held early in the series.

FINA Rules will apply throughout the series

1. Protests (GR 9.2.1) must be lodged to the Meet Director in writing within 30mins following the conclusion of the respective event. Protests must be accompanied by a \$50 non-refundable fee (GR9.2.2). A Jury of Appeal will be responsible for attending to rejections of protests. (GR 9.2.3)

A special request to all clubs;

- **Please be respectful and courteous to the volunteers on the day of competition**
- **Please ensure that all the swimmers and clubs are informed of the rules.**

All protests must be relayed through their team managers and no parents or coaches are allowed to disturb the officials.

SCORING

Each meet will be scored using FINA points scoring and be accumulated at the end of each meet however the award scoring will be points accumulated over the three series in the following categories and events. (Highest points gained in any event below will be used for the award scoring)

8 years old & Under

- 1 100 freestyle
- 1 50m back, breast, fly
- 1 100m back, breast
- 1 200m back, breast

9 years old

- 1 200 freestyle
- 1 200m medley
- 1 50/100m back breast, fly
- 1 200m back, breast, fly

10 years old

- 1 200/400m freestyle
- 1 200m medley
- 1 50/100m back breast, fly
- 1 200m back, breast, fly

11 years old & Over

- 1 400/800/1500m freestyle
- 1 200/400m medley
- 1 50/100m back, breast, fly
- 1 200m back, breast, fly

Please note that a Swimmer has to participate in **all three Short Course Grand Prix's & required events to be eligible for the end of the year Fiji Swimming Grand Prix awards.**

Your combined scores will be published on the FS website at the end of the series the highest scoring, 1st, 2nd and 3rd male and female in each age group will be awarded at the Fiji Swimming Awards night. Age groups will be: 8 & under, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18 & over. Masters and multi-disability athletes can enter the 18 & over category and will be scored separately

FIJI SWIMMING SC Grand Prix Series 2019 MEET One

10th August 2019 – Nadi Sports Club, Nadi

MEET ONE	Warm up 7am Start 8.30am		Swimmers will be seeded according to times
1	Mixed 1500 Free	7	Mixed 400 IM
2	Mixed 50 Back 13 & Over	8	Mixed 200 Back
3	Mixed 100 Breast	9	Mixed 100 Fly
4	Mixed 100 Free	10	Mixed 100 IM 13 & Over
5	Mixed 200 Breast	11	Mixed 50 Fly 12 & Under
6	Mixed 200 IM	12	Mixed 50 Free 13 & Over

FIJI SWIMMING SC Grand Prix Series 2019 MEET Two

31st August 2019 – Nadi Sports Club, Nadi

MEET TWO	Warm up 7am Start 8.30am		Swimmers will be seeded according to times
13	Mixed 800 Free	18	Mixed 400 IM
14	Mixed 200 Fly	19	Mixed 200 Free
15	Mixed 100 Back	20	Mixed 200 Breast
16	Mixed 100 Fly	21	Mixed 50 Fly 13 & Over
17	Mixed 50 Back 12 & Under	22	Mixed 50 Breast 12 & Under

FIJI SWIMMING SC Grand Prix Series 2019 MEET Three

21st September 2019 – Nadi Sports Club, Nadi

MEET THREE	Warm up 7am Start 8.30am		Swimmers will be seeded according to times
23	Mixed 400 Free	28	Mixed 200 Fly
24	Mixed 100 Back	29	Mixed 50 Breast 13 & Over
25	Mixed 200 IM	30	Mixed 100 Breast
26	Mixed 100 IM 12 & Under	31	Mixed 200 Back
27	Mixed 200 Free	32	Mixed 50 Free 12 & Under