
RECORDS LC NATIONAL RECORDS
LC Meters-Female

10 & U	50 Free	31.77	3-May-13	BAR	Rosemarie Rova
	100 Free	1:12.41	3-May-13	BAR	Rosemarie Rova
	200 Free	2:48.20	4-May-18	BAR	Eden Waqainabete
	400 Free	6:17.94	4-May-18	BAR	Vivita Bai
	800 Free	12:34.94	4-May-18	BAR	Vivita Bai
	50 Back	37.75	24-Apr-09	MAK	Iris Pene
	100 Back	1:26.22	5-May-17	DOL	Marseleima Moss
	200 Back	3:07.11	4-May-18	BAR	Eden Waqainabete
	50 Breast	40.99	4-May-18	MAK	Miley King
	100 Breast	1:34.63	3-May-13	BAR	Rosemarie Rova
	200 Breast	3:20.97	4-May-18	MAK	Miley King
	50 Fly	36.96	20-Apr-07	BAR	Adele Rova
	100 Fly	1:25.35	3-May-13	BAR	Rosemarie Rova
	200 IM	3:03.19	25-Apr-09	MAK	Iris Pene
	200 Free Relay	2:25.18	4-May-18	BAR	Vivita Bai, Skylar Baua, Abigail Gonerogo, Eden Waqainabete
	400 Free Relay	5:35.05	4-May-18	BAR	Vivita Bai, Theola Kwong, Eden Waqainabete, Skylar Baua
	800 Free Relay	12:35.08	4-May-18	BAR	Eden Waqainabete, Theola Kwong, Vivita Bai, Skylar Baua
	200 Medley Relay	2:57.35	4-May-12	BAR	K Soro, J Puamau, R Rova, M Wind
	400 Medley Relay	6:39.26	4-May-18	BAR	Eden Waqainabete, Theola Kwong, Skylar Baua, Vivita Bai
	11-12	50 Free	28.84	19-Jun-15	BAR
100 Free		1:01.81	27-Mar-15	BAR	Rosemarie Rova
200 Free		2:15.75	27-Mar-15	BAR	Rosemarie Rova
400 Free		4:56.72	19-Jun-15	BAR	Rosemarie Rova
800 Free		10:18.47	27-Mar-15	BAR	Rosemarie Rova
1500 Free		21:27.98	14-Nov-20	BAR	Eden Waqainabete at LC Age Group Nationals 2020
50 Back		34.01	24-Apr-09	BAR	Adele Rova
100 Back		1:16.13	14-Nov-20	BAR	Eden Waqainabete at LC Age Group Nationals 2020
200 Back		2:44.43	22-Apr-22	MAK	Anahira McCutcheon at LC Age Nationals 2022
50 Breast		37.30	10-May-19	MAK	Miley King at LC Age Group Nationals 2019
100 Breast		1:26.26	15-Jul-16	TRT	Aimee Elaisa
200 Breast		3:02.75	5-May-17	DOL	Marion Kotobalavu
50 Fly		30.71	22-Apr-22	MAK	Anahira McCutcheon at LC Age Nationals 2022
100 Fly		1:11.26	14-Nov-20	BAR	Eden Waqainabete at LC Age Group Nationals 2020
200 Fly		2:48.54	14-Nov-20	BAR	Eden Waqainabete at LC Age Group Nationals 2020
200 IM		2:37.16	27-Mar-15	BAR	Rosemarie Rova
400 IM		5:52.67	19-Jun-15	BAR	Rosemarie Rova
200 Free Relay		2:13.28	25-Apr-09	MAK	S Samisoni, I Pene, L Dickinson, S Eden
400 Free Relay		4:51.70	14-Nov-20	MAR	Litea Mara, Jonalese Vatubua, Theola Kwong, Matelita Naisara
800 Free Relay		11:01.59	11-May-19	BAR	Vivita Bai, Patricia Verebasaga, Tagici Sowane, Eden Waqainabete
200 Medley Relay	2:34.49	4-May-18	MAK	Latileta Kete, Miley King, Kiara Tiatia, Geradyne Lanyon	
400 Medley Relay	5:36.64	14-Nov-20	MAR	Litea Mara, Jonalese Vatubua, Theola Kwong, Matelita Naisara	
13-14	50 Free	28.07	5-May-17	BAR	Rosemarie Rova at LC Open Nationals
	100 Free	1:01.23	30-Jun-17	BAR	Rosemarie Rova
	200 Free	2:13.34	5-May-17	BAR	Rosemarie Rova
	400 Free	4:56.16	25-Mar-16	BAR	Rosemarie Rova
	800 Free	10:21.45	4-May-18	DOL	Marion Kotobalavu
	1500 Free	21:39.30	22-Dec-20	DOL	Marseleima Moss at Long Course OPEN Championships 2020
	50 Back	32.07	15-Jul-16	BAR	Moana Wind
	100 Back	1:10.90	22-Apr-22	DOL	Eden Waqainabete at LC Age Nationals 2022
	200 Back	2:40.29	8-Oct-10	TRT	Matelita Buadromo
	50 Breast	34.49	15-Jul-16	BAR	Moana Wind
	100 Breast	1:15.34	22-Apr-22	BAR	Kelera Mudunasoko at LC Age Nationals 2022

RECORDS LC NATIONAL RECORDS

13-14	200 Breast	2:46.32	8-Apr-22	BAR	Kelera Mudunasoko at LC Open Nationals 2022	
	50 Fly	30.51	22-Apr-22	DOL	Eden Waqainabete at LC Age Nationals 2022	
	100 Fly	1:08.70	5-May-17	BAR	Rosemarie Rova	
	200 Fly	2:37.64	22-Apr-22	DOL	Eden Waqainabete at LC Age Nationals 2022	
	200 IM	2:34.46	8-Oct-10	TRT	Matelita Buadromo	
	400 IM	5:38.72	30-Jun-17	BAR	Rosemarie Rova	
	200 Free Relay	2:04.16	4-May-18	DOL	Marion Kotobalavu, Salanieta Kunatuba, Lavania Buadromo, Marseleima Mo	
	400 Free Relay	4:33.40	4-May-18	DOL	Marion Kotobalavu, Salanieta Kunatuba, Marseleima Moss, Lavania Buadromo	
	800 Free Relay	10:32.12	22-Apr-11	MAK	L Dickinson, I Pene, S Samisoni, S Eden	
	200 Medley Relay	2:23.38	4-May-18	DOL	Salanieta Kunatuba, Lavania Buadromo, Marion Kotobalavu, Marseleima Mo	
400 Medley Relay	5:07.41	14-Nov-20	BAR	Tagici Sowane, Kelera Mudunasoko, Vivita Bai, Patricia Verebasaga		
15-16	50 Free	26.95	15-Jul-16	MAK	Yolani Blake	
	100 Free	1:01.41	19-Jun-15	FRC	Adi Kinisimere Naivalu	
	200 Free	2:15.11	4-May-18	BAR	Rosemarie Rova	
	400 Free	4:50.63	4-May-18	BAR	Rosemarie Rova	
	800 Free	10:00.84	22-Apr-11	TRT	Matelita Buadromo	
	1500 Free	19:40.08	23-Jun-23	FLIND	Marseleima Maafo Vos Moss (V) at LC Age Nationals 2023	
	50 Back	30.86	19-Jun-15	FRC	Adi Kinisimere Naivalu	
	100 Back	1:08.72	27-Mar-15	FRC	Adi Kinisimere Naivalu	
	200 Back	2:36.10	5-May-17	TRT	Angela Tremain-Anuma	
	50 Breast	33.69	4-May-18	ORC	Moana Wind	
	100 Breast	1:15.39	4-May-18	ORC	Moana Wind	
	200 Breast	2:46.25	23-Jun-23	BAR	Kelera Mudunasoko at LC Age Nationals 2023	
	50 Fly	29.63	4-May-18	ORC	Moana Wind	
	100 Fly	1:06.59	27-Mar-15	FRC	Adi Kinisimere Naivalu	
	200 Fly	2:32.76	22-Apr-11	TRT	Tieri Erasito	
	200 IM	2:35.78	10-May-19	BAR	Rosemarie Rova at LC Age Group Nationals 2019	
	400 IM	5:37.44	22-Apr-11	TRT	Matelita Buadromo	
	200 Free Relay	2:03.68	22-Apr-07	BAR	C Hughes, A Rova, K Samson, C Rova	
	400 Free Relay	4:32.35	14-Nov-20	MAK	Christiana Blake, Ofa Logonilakeba, Geradyne Lanyon, Kiara Tiatia	
	800 Free Relay	9:51.29	22-Apr-11	TRT	C Panuve, S Elaisa, M Buadromo, T Erasito	
	200 Medley Relay	2:22.47	4-May-18	BAR	Jodie-Ana Puamau, Kathleen Levestam, Rosemarie Rova, Elizabeth Maivusar	
	400 Medley Relay	5:02.90	25-Jun-23	BAR	Tagici Sowane, Kelera Mudunasoko, Vivita Bai, Patricia Verebasaga	
	17 & O	50 Free	26.35	20-Apr-07	BAR	Caroline Puamau
		100 Free	58.48	20-Jul-07	BAR	Caroline Puamau
		200 Free	2:11.63	4-May-18	DOL	Matelita Buadromo
		400 Free	4:29.04	15-Jul-16	DOL	Matelita Buadromo
800 Free		9:39.01	4-May-18	DOL	Matelita Buadromo	
1500 Free		17:51.90	15-Jul-16	DOL	Matelita Buadromo	
50 Back		31.04	15-Jul-16	SEA	Adi Kinisimere Naivalu	
100 Back		1:07.90	27-Mar-15	DOL	Caroline Puamau	
200 Back		2:36.64	4-May-18	DOL	Matelita Buadromo	
50 Breast		33.94	10-May-19	ORC	Moana Wind at LC Age Group Nationals 2019	
100 Breast		1:14.58	10-May-19	ORC	Moana Wind at LC Age Group Nationals 2019	
50 Fly		28.98	5-May-17	DOL	Matelita Buadromo	
100 Fly		1:04.81	3-May-13	DOL	Caroline Puamau	
200 Fly		2:26.65	20-Jun-14	DOL	Tieri Erasito	
200 IM		2:28.70	15-Jul-16	DOL	Matelita Buadromo	
200 Free Relay		1:53.71	20-Apr-07	BAR	E Nagatalevu, S Nagatalevu, F Nagatalevu, C Puamau	
400 Free Relay		4:08.84	5-May-12	BAR	A Rova, C Rova, A McGowan, C Puamau	
800 Free Relay		9:55.97	6-May-12	TRT	B Smith, C Panuve, S Elaisa, M Buadromo	
200 Medley Relay		2:11.89	4-May-12	BAR	A Rova, C Rova, C Puamau, A McGowan	
400 Medley Relay		4:51.09	20-Jun-14	DOL	B. Smith, F. Pickering, T. Erasito, C. Puamau	

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Open	50 Free	26.35	20-Apr-07	BAR	Caroline Puamau
	100 Free	58.48	20-Apr-07	BAR	Caroline Puamau
	200 Free	2:11.95	30-Jun-17	DOL	Matelita Buadromo
	400 Free	4:29.04	15-Jul-16	DOL	Matelita Buadromo
	800 Free	9:39.01	4-May-18	DOL	Matelita Buadromo
	1500 Free	17:51.90	15-Jul-16	DOL	Matelita Buadromo
	50 Back	30.86	19-Jun-15	FRC	Adi Kinisimere Naivalu
	100 Back	1:06.90	20-Apr-07	BAR	Caroline Puamau
	200 Back	2:31.10	20-Jun-14	BAR	Cheyenne Rova
	50 Breast	34.49	15-Jul-16	BAR	Moana Wind
	100 Breast	1:16.46	8-Apr-22	BAR	Kelera Mudunasoko at LC Open Nationals 2022
	200 Breast	2:49.92	22-Apr-22	BAR	Kelera Mudunasoko at LC Age Nationals 2022
	50 Fly	29.02	5-May-17	DOL	Matelita Buadromo
	100 Fly	1:04.81	3-May-13	DOL	Caroline Puamau
	200 Fly	2:26.65	20-Jun-14	DOL	Tieri Erasito
	200 IM	2:28.70	15-Jul-16	DOL	Matelita Buadromo
	400 IM	5:30.16	3-May-13	DOL	Matelita Buadromo
	200 Free Relay	1:53.71	20-Apr-07	BAR	E Nagatalevu, S Nagatalevu, F Nagatalevu, C Puamau
	400 Free Relay	4:08.84	5-May-12	BAR	A Rova, C Rova, A McGowan, C Puamau
	800 Free Relay	9:51.29	22-Apr-11	TRT	C Panuve, S Elaisa, M Buadromo, T Erasito
	200 Medley Relay	2:11.89	4-May-12	BAR	A Rova, C Rova, C Puamau, A McGowan
	400 Medley Relay	4:51.09	20-Jun-14	DOL	B. Smith, F. Pickering, T. Erasito, C. Puamau

RECORDS LC NATIONAL RECORDS
LC Meters-Male

10 & U	50 Free	30.38	10-May-19	MAR	Caleb Puamau at LC Age Group Nationals 2019
	100 Free	1:09.83	4-May-12	TRT	Temafa Yalimawai
	200 Free	2:35.57	4-May-12	TRT	Temafa Yalimawai
	400 Free	5:40.53	14-Nov-20	BAR	Ezra Waqainabete at LC Age Group Nationals 2020
	800 Free	11:10.59	4-May-12		Standard
	1500 Free	22:36.61	4-May-12		Standard
	50 Back	36.35	10-May-19	MAR	Caleb Puamau at LC Age Group Nationals 2019
	100 Back	1:19.76	10-May-19	MAR	Caleb Puamau at LC Age Group Nationals 2019
	200 Back	3:02.07	4-May-18	BAR	Caleb Puamau
	50 Breast	41.01	10-May-19	MAR	Caleb Puamau at LC Age Group Nationals 2019
	100 Breast	1:34.02	14-Nov-20	BAR	Ezra Waqainabete at LC Age Group Nationals 2020
	200 Breast	3:19.68	4-May-12	TRT	Temafa Yalimawai
	50 Fly	33.68	10-May-19	MAR	Caleb Puamau at LC Age Group Nationals 2019
	100 Fly	1:24.68	4-May-18	BAR	Erik Tokona
	200 Fly	3:00.34	4-May-12	TRT	Temafa Yalimawai
	200 IM	2:59.22	14-Nov-20	BAR	Ezra Waqainabete at LC Age Group Nationals 2020
	400 IM	6:43.42	4-May-18	BAR	Erik Tokona
	200 Free Relay	2:21.12	4-May-18	BAR	Iowane Bobi, Jeremiah Rova, Caleb Puamau, Erik Tokona
	400 Free Relay	5:23.78	10-May-19	BAR	Jeremiah Rova,Ezra Waqainabete,Jacob Rova, Reuben Taylor
	800 Free Relay	12:07.14	4-May-18	BAR	Caleb Puamau, Jeremiah Rova, Erik Tokona, Genesis Stice
200 Medley Relay	2:46.34	4-May-18	BAR	Caleb Puamau, Erik Tokona, Iowane Bobi, Jeremiah Rova	
400 Medley Relay	6:04.44	12-May-19	BAR	Jacob Rova,Kobe Narruhn,Jeremiah Rova,Reuben Taylor	
11-12	50 Free	27.78	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	100 Free	1:01.93	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	200 Free	2:15.14	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	400 Free	4:49.16	20-Jun-14	TRT	Temafa Yalimawai
	800 Free	10:25.43	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	1500 Free	19:44.53	20-Jun-14	TRT	Temafa Yalimawai
	50 Back	32.76	14-Nov-20	MAR	Caleb Puamau at LC Age Group Nationals 2020
	100 Back	1:14.84	14-Nov-20	MAR	Caleb Puamau at LC Age Group Nationals 2020
	200 Back	2:36.74	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	50 Breast	34.92	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	100 Breast	1:15.08	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	200 Breast	2:45.82	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	50 Fly	29.90	20-Jun-14	TRT	Temafa Yalimawai
	100 Fly	1:09.03	20-Jun-14	TRT	Temafa Yalimawai
	200 Fly	2:33.88	20-Jun-14	TRT	Temafa Yalimawai
	200 IM	2:31.92	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	400 IM	5:20.78	10-May-19	BAR	Zion Waqainabete at LC Age Group Nationals 2019
	200 Free Relay	2:07.78	4-May-18	BAR	Daniel Maycock, Caleb Stevens, Livai Raviko, Sakaia Tawake
	400 Free Relay	4:43.62	14-Nov-20	BAR	Reuben Taylor, Alfred Cornish, Jeremiah Rova, Genesis Stice
	800 Free Relay	10:40.79	11-May-19	MAR	Josua Mara,Caleb Puamau,Don Younger,Erik Tokona
200 Medley Relay	2:30.27	4-May-18	BAR	Daniel Maycock, Sakaia Tawake, Livai Raviko, Caleb Stevens	
400 Medley Relay	4:17.81	14-Nov-20	BAR	Genesis Stice, Alfred Cornish, Reuben Taylor, Jeremiah Rova	
13-14	50 Free	25.94	25-Mar-16	BAR	Gordon Whippy
	100 Free	57.16	25-Mar-16	BAR	Gordon Whippy
	200 Free	2:04.95	15-Jul-16	TRT	Temafa Yalimawai
	400 Free	4:36.07	15-Jul-16	TRT	Temafa Yalimawai
	800 Free	9:30.04	15-Jul-16	TRT	Temafa Yalimawai
	1500 Free	18:41.73	4-May-18	ORC	Hefu Erasito
	50 Back	30.45	4-May-18	GWS	Hansel McCaig
	100 Back	1:06.97	27-Mar-15	TRT	Temafa Yalimawai

RECORDS LC NATIONAL RECORDS

13-14	200 Back	2:28.47	25-Mar-16	TRT	Temafa Yalimaiwai	
	50 Breast	31.77	25-Mar-16	TRT	Temafa Yalimaiwai	
	100 Breast	1:12.60	22-Dec-20	BAR	Zion Waqainabete at Long Course OPEN Championships 2020	
	200 Breast	2:40.95	22-Dec-20	BAR	Zion Waqainabete at Long Course OPEN Championships 2020	
	50 Fly	27.68	25-Mar-16	BAR	Gordon Whippy	
	100 Fly	1:01.28	15-Jul-16	TRT	Temafa Yalimaiwai	
	200 Fly	2:21.17	27-Mar-15	TRT	Temafa Yalimaiwai	
	200 IM	2:21.82	27-Mar-15	TRT	Temafa Yalimaiwai	
	400 IM	5:07.16	15-Jul-16	TRT	Temafa Yalimaiwai	
	200 Free Relay	1:49.57	4-May-08	TRT	K Hughes, B Fiu, E Erasito, P Elaisa	
	400 Free Relay	4:15.63	3-May-13	BAR	N. Ross, R. Cheer, G. Whippy, T. Vakasama	
	800 Free Relay	9:51.79	11-May-19	BAB	Robert Hunter,Papaniu Liew-Marsters,Aiden Lobendahn,Tolu Young	
	200 Medley Relay	2:14.28	20-Apr-07	TRT	D Miller, D Orton, E Erasito, K Hughes	
	400 Medley Relay	4:57.90	12-May-19	BAB	Aiden Lobendahn,Tolu Yoiung,Papaniu Liew-Marsters,Robert Hunter	
15-16	50 Free	24.53	22-Dec-20	DOL	Tolu Young at Long Course OPEN Championships 2020	
	100 Free	54.51	10-May-19	GWS	Hansel McCaig at LC Age Group Nationals 2019	
	200 Free	2:05.91	4-May-18	TRT	Temafa Yalimaiwai	
	400 Free	4:30.30	15-Jul-16	BAR	Taichi Vakasama	
	800 Free	9:30.23	10-May-19	DOL	Jeremiah Faktaufon at LC Age Group Nationals 2019	
	1500 Free	17:51.71	15-Jul-16	BAR	Taichi Vakasama	
	50 Back	28.61	10-May-19	GWS	Hansel McCaig at LC Age Group Nationals 2019	
	100 Back	1:04.19	5-May-17	MAK	Netani Ross	
	200 Back	2:26.31	10-May-19	ORC	Hefu Erasito at LC Age Group Nationals 2019	
	50 Breast	30.58	15-Jul-16	BAR	Taichi Vakasama	
	100 Breast	1:07.16	15-Jul-16	BAR	Taichi Vakasama	
	200 Breast	2:26.35	25-Mar-16	BAR	Taichi Vakasama	
	50 Fly	26.10	10-May-19	GWS	Hansel McCaig at LC Age Group Nationals 2019	
	100 Fly	58.65	4-May-18	TRT	Temafa Yalimaiwai	
	200 Fly	2:15.62	4-May-18	TRT	Temafa Yalimaiwai	
	200 IM	2:17.75	25-Mar-16	BAR	Taichi Vakasama	
	400 IM	5:22.15	10-May-19	ORC	Hefu Erasito at LC Age Group Nationals 2019	
	200 Free Relay	1:52.67	4-May-18	BAR	Ryan Yee, Damien Kitione, Albert Waqaicelua, Jayzon Requinna	
	400 Free Relay	4:10.95	10-May-19	ORC	Hefu Erasito,Timoci Motokula,James Kado,Ratu Atirieli Tuivanuavou	
	800 Free Relay	9:32.43	14-Nov-20	DOL	Che Taito, Tolu Young, Makalo Philp, Jeremiah Faktaufon	
	200 Medley Relay	2:03.50	4-May-18	BAR	Edward Vakatalai, Jayzon Requina, Damien Kitione, Ryan Yee	
	400 Medley Relay	4:39.54	4-May-18	BAR	Edward Vakatalai, Jayzon Requina, Damien Kitione, Ryan Yee	
	17 & 0	50 Free	23.69	8-Apr-22	TRT	Hansel McCaig at LC Open Nationals 2022
		100 Free	51.60	22-Apr-22	TRT	Hansel McCaig at LC Age Nationals 2022
		200 Free	2:00.70	10-May-19	TRT	Temafa Yalimaiwai at LC Age Group Nationals 2019
		400 Free	4:22.75	20-Jun-14	DOL	Douglas Miller
		800 Free	9:19.64	4-May-18	BAR	Taichi Vakasama
1500 Free		17:59.67	10-May-19	TRT	Temafa Yalimaiwai at LC Age Group Nationals 2019	
50 Back		27.24	10-May-19	MAK	Netani Ross at LC Age Group Nationals 2019	
100 Back		1:00.84	14-Nov-20	BAR	Netani Ross at LC Age Group Nationals 2020	
200 Back		2:16.39	10-May-19	MAK	Taichi Vakasama at LC Age Group Nationals 2019	
50 Breast		28.81	8-Apr-22	MAK	Taichi Vakasama at LC Open Nationals 2022	
100 Breast		1:01.76	8-Apr-22	MAK	Taichi Vakasama at LC Open Nationals 2022	
200 Breast		2:12.54	8-Apr-22	MAK	Taichi Vakasama at LC Open Nationals 2022	
50 Fly		25.56	23-Jun-23	TRT	Hansel McCaig at LC Age Nationals 2023	
100 Fly		57.55	22-Dec-20	TRT	Temafa Yalimaiwai at Long Course OPEN Championships 2020	
200 Fly		2:11.36	10-May-19	TRT	Temafa Yalimaiwai at LC Age Group Nationals 2019	
200 IM		2:09.69	14-Nov-20	MAK	Taichi Vakasama at LC Age Group Nationals 2020	
400 IM		4:45.45	14-Nov-20	MAK	Taichi Vakasama at LC Age Group Nationals 2020	
200 Free Relay		1:44.41	4-May-18	DOL	Epeli Rabua, Jaewoo Choi, Rhys Cheer, Kalen Eyre	

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17 & O	400 Free Relay	3:49.39	14-Nov-20	BAR	Netani Ross, Hefu Erasito, Troy Maivusaroko, Wilson Erasito
	800 Free Relay	8:44.10	14-Nov-20	DOL	Kalen Eyre, Rhys Cheer, Owen Art, Epeli Rabua
	200 Medley Relay	1:56.68	4-May-18	BAR	Tevita Fotofili, Taichi Vakasama, Troy Maivusaroko, Suliano Mainavolau
	400 Medley Relay	4:08.97	14-Nov-20	DOL	Kalen Eyre, Owen Art, Epeli Rabua, Rhys Cheer
Open	50 Free	23.93	22-Apr-22	TRT	Hansel McCaig at LC Age Nationals 2022
	100 Free	51.60	22-Apr-22	TRT	Hansel McCaig at LC Age Nationals 2022
	200 Free	2:01.51	22-Dec-20	TRT	Temafa Yalimaiwai at Long Course OPEN Championships 2020
	400 Free	4:22.75	20-Jun-14	DOL	Douglas Miller
	800 Free	9:22.64	10-May-19	MAK	Taichi Vakasama at LC Age Group Nationals 2019
	1500 Free	17:51.71	15-Jul-16	BAR	Taichi Vakasama
	5000 Free	1:19.30	2-Apr-07	TRT	Douglas Miller
	50 Back	27.58	22-Dec-20	BAR	Netani Ross at Long Course OPEN Championships 2020
	100 Back	1:01.96	22-Dec-20	BAR	Netani Ross at Long Course OPEN Championships 2020
	200 Back	2:20.76	14-Nov-20	BAR	Netani Ross at LC Age Group Nationals 2020
	50 Breast	29.45	4-May-18	BAR	Taichi Vakasama
	100 Breast	1:05.17	4-May-18	DOL	Epeli Rabua
	200 Breast	2:17.65	22-Dec-20	MAK	Taichi Vakasama at Long Course OPEN Championships 2020
	50 Fly	25.56	23-Jun-23	TRT	Hansel McCaig at LC Age Nationals 2023
	100 Fly	57.58	22-Dec-20	TRT	Temafa Yalimaiwai at Long Course OPEN Championships 2020
	200 Fly	2:14.08	22-Dec-20	TRT	Temafa Yalimaiwai at Long Course OPEN Championships 2020
	200 IM	2:13.45	10-May-19	MAK	Taichi Vakasama at LC Age Group Nationals 2019
	400 IM	4:55.41	25-Mar-16	BAR	Taichi Vakasama
	200 Free Relay	1:47.57	4-May-12	TRT	A Rainima, J Smith, P Elaisa, D Miller
	400 Free Relay	3:53.75	20-Jun-14	DOL	D Miller, J Smith, M Malani, C Probert
	800 Free Relay	8:48.95	22-Apr-11	TRT	E Erasito, C Probert, P Elaisa, D Miller
	200 Medley Relay	1:54.56	25-Mar-16	BAR	T Fotofili, T Vakasama, G Whippy, O Johns
	400 Medley Relay	4:20.48	25-Mar-16	BAR	T Fotofili, T Vakasama, G Whippy, O Johns

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10 & U	200 Free Relay	2:48.91	4-May-18	DOL	Maliti Chung, Anderson Passin, Levi Hildebrand, Fai Moss
	400 Free Relay	5:22.97	12-Apr-14		Standard
	200 Medley Relay	3:25.72	4-May-18	DOL	Anderson Passin, Haylie Brodie, Fai Moss, Levi Hildebrand
	400 Medley Relay	6:03.95	11-May-19	BAR	Constance McGowan, Kobe Narruhn, Jeremiah Rova, Abigail Gonerogo
11-12	200 Free Relay	2:22.46	4-May-18	DOL	Terani Emose, Hayden Kumar, Dyrentha Faktaufon, Robert Hazelman
	400 Free Relay	4:46.03	11-May-19	BAR	Zion Waqainabete, Patricia Verebasaga, Eden Waqainabete, Genesis Stice
	800 Free Relay	12:38.90	4-May-18	DOL	Terani Emose, Reese Brodie, Hayden Kumar, Jacob Wilson
	200 Medley Relay	2:50.38	4-May-18	DOL	Reese Brodie, Robert Hazelman, Terani Emose, Hayden Kumar
	400 Medley Relay	5:14.23	11-May-19	BAR	Eden Waqainabete, Patricia Verebasaga, Zion Waqainabete, Genesis Stice
13-14	200 Free Relay	1:58.98	4-May-18	DOL	Marion Kotobalavu, Jeremiah Faktaufon, Theodore Strobel, Salanieta Kunatu
	400 Free Relay	4:32.43	4-May-18	DOL	Marion Kotobalavu, Theodore Strobel, Jeremiah Faktaufon, Salanieta Kunatu
	800 Free Relay	10:58.03	4-May-18	DOL	Salanieta Kunatuba, Jeremiah Faktaufon, Fransisco Bhagwan, Marseleima M
	200 Medley Relay	2:14.84	4-May-18	DOL	Salanieta Kunatuba, Jeremiah Faktaufon, Marion Kotobalavu, Theodore Stro
	400 Medley Relay	5:09.51	4-May-18	DOL	Salanieta Kunatuba, Jeremiah Faktaufon, Marion Kotobalavu, Theodore Stro
15-16	800 Free	12:38.03	4-May-18	ORC	Makea Seruvatu, Pepe Malani, Dianne Chute, Rt Albert Tuivanuavou
	200 IM	2:14.79	4-May-18	BAR	Wilson Erasito, Kathleen Levestam, Mosese Bobi, Rosemarie Rova
	200 Free Relay	2:05.17	4-May-18	MAK	Christiana Blake, Denzel Vataniyaragi, Seleni Ross, Saul Hannon
	400 Free Relay	4:10.34	11-May-19	BAR	Mosese Bobi, Rosemarie Rova, Wilson Erasito, Joan McGowan
	400 Medley Relay	4:46.85	11-May-19	BAR	Wilson Erasito, Rosemarie Rova, Mosese Bobi, Kathleen Levestam
17 & O	200 Free Relay	1:46.86	4-May-18	DOL	Epeli Rabua, Kalen Eyre, Tilali Scanlan, Matelita Buadromo
	400 Free Relay	4:00.86	11-May-19	DOL	Epeli Rabua, Matelita Buadromo, Jeremiah Faktaufon, Tilali Scanlan
	800 Free Relay	9:15.81	4-May-18	DOL	Matelita Buadromo, Epeli Rabua, Rhys Cheer, Tilali Scanlan
	200 Medley Relay	1:56.79	4-May-18	DOL	Kalen Eyre, Epeli Rabua, Tilali Scanlan, Matelita Buadromo
	400 Medley Relay	4:23.34	11-May-19	TRT	Angela Tremani, Samuel Yalimaiwai, Temafa Yalimaiwai, Ella Rasau